

Faxed 10/22/14



### FEEDBACK FORM

LAST NAME: Russo AGE: 59 PURCHASE DATE: 6/20/2014  
IF DEVICE FAILS TO PRODUCE SATISFACTORY RESULTS, PLEASE RETURN THIS FORM COMPLETED 30-90 DAYS TO RECEIVE RETURN-AUTHORIZATION AND YOUR RETURNS INSTRUCTIONS (DEPENDS UPON YOUR LOCATION).

RE-SAVE THIS DOCUMENT EACH TIME YOU UPDATE IT

*EP arrived 6/24/14*

On a Scale of 1 -10 (10=BEST)

*6/26*

**Base-Line**

	1	2	3	4	5	6	7	8	9	10
<b>Prior to EarthPulse™ I'm sleeping</b>	( )	( )	( )	( )	( )	( )	(x)	( )	( )	( )
My energy level is	( )	( )	( )	( )	(x)	( )	( )	( )	( )	( )
My physical performance level is	( )	( )	( )	( )	(x)	( )	( )	( )	( )	( )
My mental performance level is	( )	( )	( )	( )	( )	(x)	( )	( )	( )	( )
My resting-breath-hold (RBH) is	In seconds: <u>01:54:45</u>									
My pain level is (10=worst)	0	(x)	( )	( )	( )	( )	( )	( )	( )	( )
My body-weight is	<u>128</u> lbs. or _____ kgs.									
I usually wake to urinate	<u>1</u> many times per night									

*7/3*

**Day 7 on EarthPulse™ I'm sleeping**

	1	2	3	4	5	6	7	8	9	10
<b>Day 7 on EarthPulse™ I'm sleeping</b>	( )	( )	( )	( )	( )	( )	(x)	( )	( )	( )
My energy level is	( )	( )	( )	( )	(x)	( )	( )	( )	( )	( )
My physical performance level is	( )	( )	( )	( )	(x)	( )	( )	( )	( )	( )
My mental performance level is	( )	( )	( )	( )	( )	(x)	( )	( )	( )	( )
My resting-breath-hold (RBH) is	In seconds: <u>02:05:01</u>									
My pain level is (10 = worst)	0	( )	( )	( )	( )	( )	( )	( )	( )	( )
My body-weight is	<u>128</u> lbs. or _____ kgs.									
I usually wake to urinate	<u>0</u> many times per night									

**Resting Breath Hold (RBH) almost never fails to improve during first week.** If RBH did fail to improve (or got worse which is even more rare), please re-read your RBH test instructions (in the same email this document was attached to. Usually a reduction can be tracked to a failure to oxygen load consistently with the past RBH test, or taking under different conditions.

**Comments:** Please write as much as you would like in the space below. PARTICULARLY HELPFUL WOULD BE YOUR COMMENTS ON ANY CHANGES IN NUTRITIONAL SUPPLEMENTATION OR MEDICATION DURING THE TIME OF YOUR 90 DAY TRIAL. The page will continue down as necessary. Call for technical support if you have any questions. Contact numbers are at end of this document. Thank you!



\_\_\_\_\_

7/10

	1	2	3	4	5	6	7	8	9	10
<b>Day 14 on EarthPulse™ I'm sleeping</b>	( )	( )	( )	( )	( )	( )	( )	(X)	( )	( )
My energy level is	( )	( )	( )	( )	( )	(X)	( )	( )	( )	( )
My physical performance level is	( )	( )	( )	( )	( )	( )	(X)	( )	( )	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	(X)	( )	( )	( )
My resting-breath-hold (RBH) is	In seconds: 02:09									
My pain level is (10 = worst)	0	( )	( )	( )	( )	( )	( )	( )	( )	( )
My body-weight is	<u>127</u> lbs. or _____ kgs.									
I usually wake to urinate	<u>0</u> many times per night									

**Comments:** Please use the device nightly during the first 90-day period to maximize statistical probability and level of success. Please make sure you oxygen load properly to make your RBH as accurate as possible.

I started "girl" push-ups when the EP arrived. After building up to 50 I began "boy" push-ups.

7/17

	1	2	3	4	5	6	7	8	9	10
<b>Day 21 on EarthPulse™ I'm sleeping</b>	( )	( )	( )	( )	( )	( )	( )	( )	(X)	( )
My energy level is	( )	( )	( )	( )	( )	( )	(X)	( )	( )	( )
My physical performance level is	( )	( )	( )	( )	( )	( )	(X)	( )	( )	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	(X)	( )	( )	( )
My resting-breath-hold (RBH) is	In seconds: 02:23									
My pain level is (10 = worst)	0	( )	( )	( )	( )	( )	( )	( )	( )	( )
My body-weight is	<u>127</u> lbs. or _____ kgs.									
I usually wake to urinate	<u>0</u> many times per night									

**Comments:** ANY CHANGES MADE TO SUPPLEMENTS OR MEDICATIONS?

No changes.



7/24

	1	2	3	4	5	6	7	8	9	10
Day 28 on EarthPulse™ I'm sleeping	( )	( )	( )	( )	( )	( )	( )	( )	(X)	( )
My energy level is	( )	( )	( )	( )	( )	( )	( )	( )	(X)	( )
My physical performance level is	( )	( )	( )	( )	( )	( )	( )	( )	(X)	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	( )	( )	(X)	( )
My resting-breath-hold (RBH) is	In seconds: 02:30									
My pain level is (10 = worst)	0	( )	( )	( )	( )	( )	( )	( )	( )	( )
My body-weight is	<u>127</u> lbs. or _____ kgs.									
I usually wake to urinate	<u>0</u> many times per night									

**Comments:** Please use the device nightly during the first 90-day period to maximize statistical probability and level of success. Thank you!

*I feel stronger when exercising. Push-ups are easier. ↑ to 10 then 15 + now up to 22 regular push-ups.*

8/25

	1	2	3	4	5	6	7	8	9	10
Day 60 on EarthPulse™ I'm sleeping	( )	( )	( )	( )	( )	( )	( )	( )	(X)	( )
My energy level is	( )	( )	( )	( )	( )	( )	( )	( )	(X)	( )
My physical performance level is	( )	( )	( )	( )	( )	( )	( )	( )	(X)	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	( )	( )	( )	( )
My resting-breath-hold (RBH) is	In seconds: 3 min 15 sec !! My son can't believe it!									
My pain level is (10 = worst)	0	( )	( )	( )	( )	( )	( )	( )	( )	( )
My body-weight is	<u>127</u> lbs. or _____ kgs.									
I usually wake to urinate	<u>0</u> many times per night									

**Comments:** Please use the device nightly during the first 90-day period (don't loan it out yet) to maximize statistical probability and level of success. Thank you!

*Feeling so much stronger! ↑ to 35 regular push-ups*



9/24

	1	2	3	4	5	6	7	8	9	10
<b>Day 90 on EarthPulse™ I'm sleeping</b>	( )	( )	( )	( )	( )	( )	( )	( )	( )	(X)
My energy level is	( )	( )	( )	( )	( )	( )	( )	( )	(X)	( )
My physical performance level is	( )	( )	( )	( )	( )	( )	( )	( )	(X)	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	( )	( )	(X)	( )
My resting-breath-hold (RBH) is	In seconds: <u>3 min 15 sec.</u>									
My pain level is (10 = worst)	0	( )	( )	( )	( )	( )	( )	( )	( )	( )
My body-weight is	<u>127</u> lbs. or _____ kgs.									
I usually wake to urinate	<u>0</u> many times per night									

NOW,... IF YOU'D LIKE TO LOAN YOUR EARTHPULSE OUT, TO A FRIEND TO TRY, PLEASE DO SO.

Thank you and be well.

**Comments:** Please write as much as you would like here, then return to email below.

*I've been waiting to send this. I wanted the lab results of Thyroid — Do not have it this time.*

*I work in an operating room as an RN & I feel so much stronger to work 12' shifts.*

*Recently saw my PCP - O2 sats @ 99%. Room air! Amazing.*